

# Sermon Notes

## God and Pleasure Psalm 16:1-11

Is God a killjoy?

Pleasure: A feeling of happy satisfaction and enjoyment.

Psalm 103:8, Psalm 16:11, Deuteronomy 16:14-15, Nehemiah 8:9-10, Luke 10:21, John 15:11, Matthew 11:19, Galatians 5:22, Psalm 118:24, 1 Timothy 6:17

The more we pursue pleasure on our terms the less we will have. But when we experience pleasure on God's terms we actually experience more of it.

Genesis 2:16-17, Genesis 3:6, Hebrews 11:24-25, John 15:11-20

"Pleasure without God, without the sacred boundaries, will actually leave you emptier than before. And this is the biblical truth, this is the experiential truth. The loneliest people in the world are among the wealthiest and most famous who found no boundaries within which to live. That is a fact I've seen again and again."

-Ravi Zacharias

**We need a radical trust in Jesus – that He and His commands are truly good.**

- 1John 5:3, John 15:10-11

Ecclesiastes 2:10-11, Ecclesiastes 12:13, Psalm 4:7, Psalm 16:2

**Christian Hedonism:** "When we desire God with all our hearts, we will know pleasure beyond anything this world has to offer."

"We all make a god out of what we take the most pleasure in. Christian Hedonists want to make God their God by seeking after the greatest pleasure – pleasure in Him."

"It would seem that our Lord finds our desires not too strong, but too weak. We are half-hearted creatures, fooling about with drink and sex and ambition when infinite joy is offered us, like an ignorant child who wants to go on making mud pies in a slum because he cannot imagine what is meant by the offer of a holiday at the sea. We are far too easily pleased."

- C.S. Lewis

Psalm 42:1-2, Colossians 1:15-17, John 6:35, Isaiah 55:1-3